

31 Days of Gifts Sampler

You deserve a little time to chill.



In case things are a little hectic in your December, I made you [this playlist](#) to help you chill. Curl up, turn it on and let the calm wash over you.

Love,

Courtney

When was the last time you had breakfast in bed? Today's gift is an invitation to linger a little longer in the morning.



Start by putting this relaxing morning on your calendar. It may not happen today, but maybe on your next day off. Plan ahead so you don't have to spend a bunch of time preparing in the morning.

Here's what I recommend:

Prep the tea or coffee.

Create a relaxing playlist.

Keep the food part simple with a spread of your favorite fruits and other breakfast treats. Or, [try one of these Smitten Kitchen brunch recommendations](#), “Everything must be made in advance. The only thing required of you the morning of your brunch is to roll out of bed and turn the oven on.”

Invite the whole family and if you are feeling really cozy and want to keep the breakfast in bed party going, have your favorite board games nearby. Who says you can't stay in bed and play Scrabble for a while?

Love,

Courtney

If you love these little gifts and want to join in or share with friends, family, book club members and co-workers, [you can sign up right here](#).